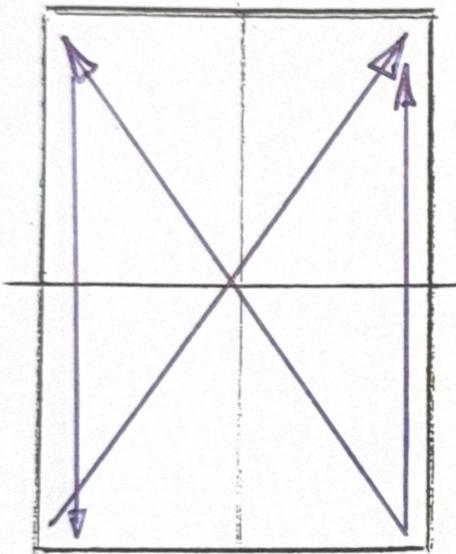


15.02.2026 SUNDAY 15.30-17.30 FUTURE SQUAD

1. TECHNIQUE 2. PLACEMENT 3. FOOTWORK

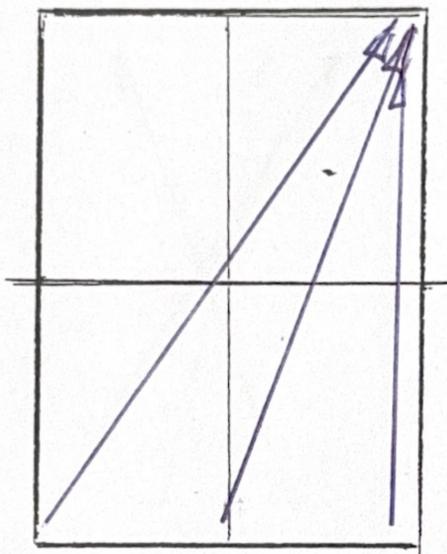
4. 3rd BALL ATTACK 5. UP-DOWN SETS ≈ 20'

15'



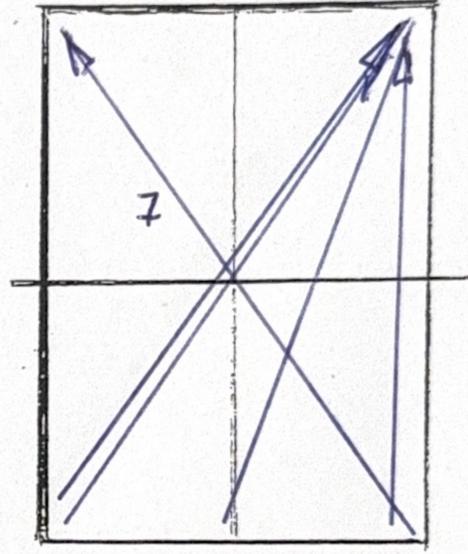
BH DOWN THE FH
5' LINE 5' 5'

2x8'



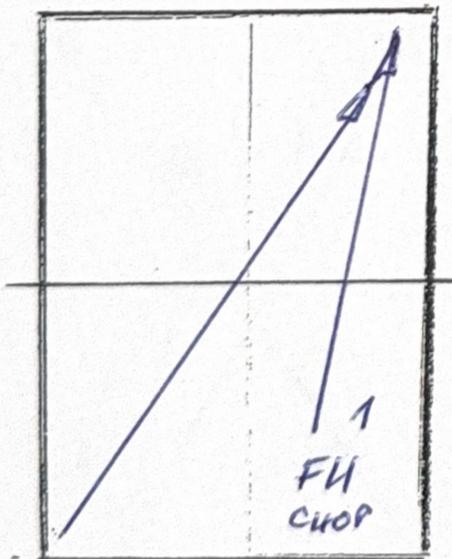
BH FHS FHS
2 1 3

2x8'



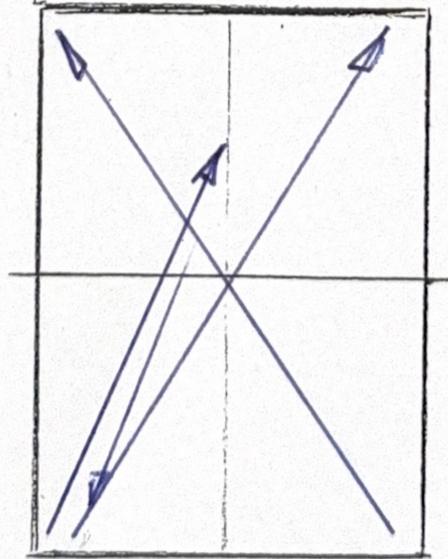
BH FHS FHS
1,3,5 4 2,7
FHS 6 AFTER FALL
FREE ALL TABLE

2x5'

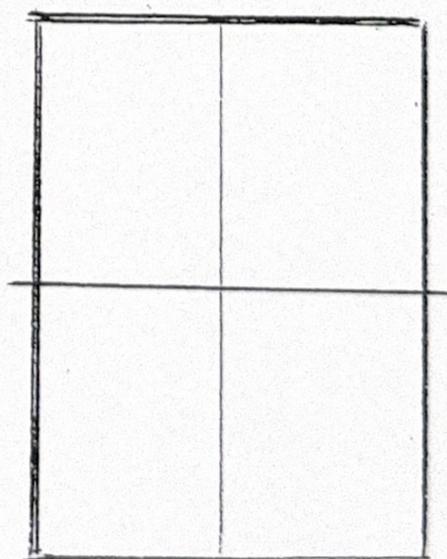


BH
CHOP
2

2x8'



SERVICE FHS
FHS 1 2

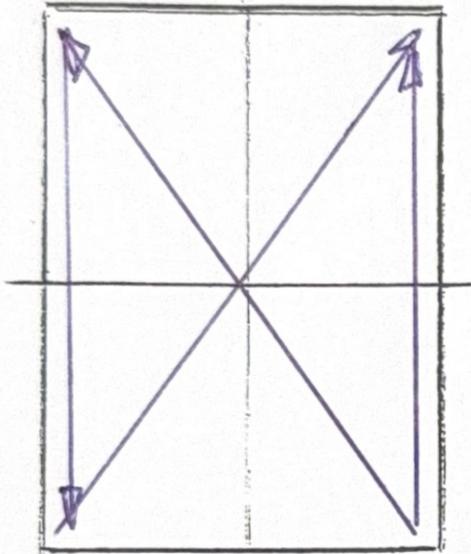


18.02.2026 WEDNESDAY 17.30-19.00 FUTURE SQUAD

1. TECHNIQUE 2. 3TH BALL ATTACK 3. INDIVIDUAL

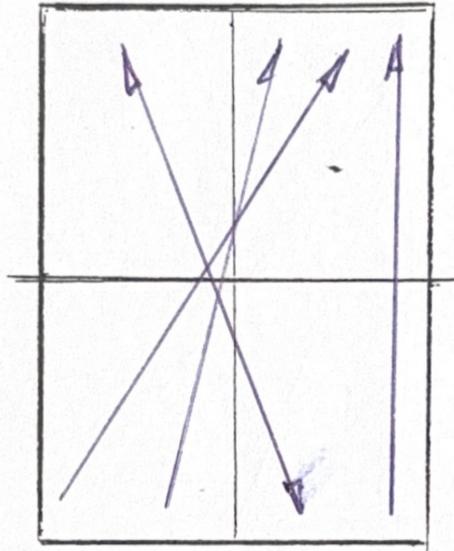
4. UP AND DOWN SETS ≈ 20'

15'



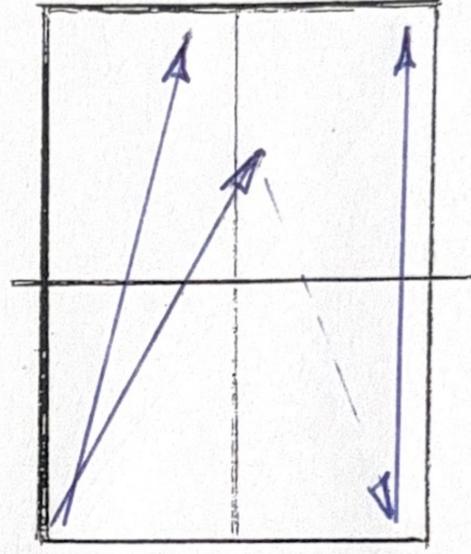
BH DOWN THE FH
5' CINE 5'
5'

≈ 6'-7'



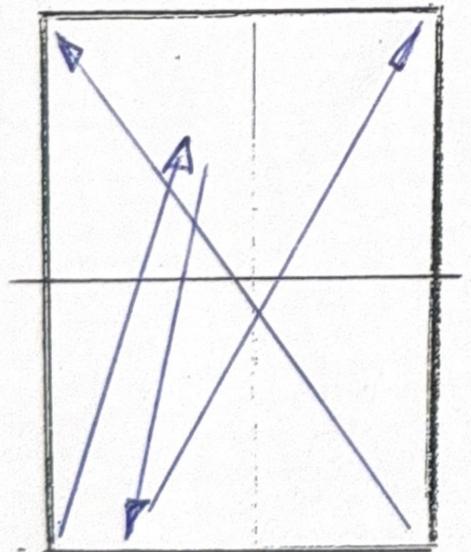
CWOP ALL
TABLE 1SET

2x8'



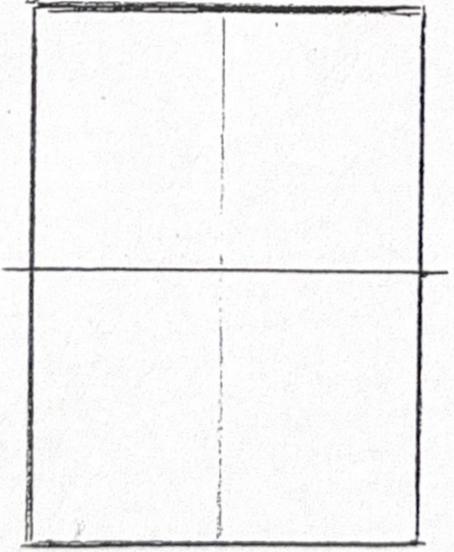
SERVICE BH2 FUS 1

2x8'

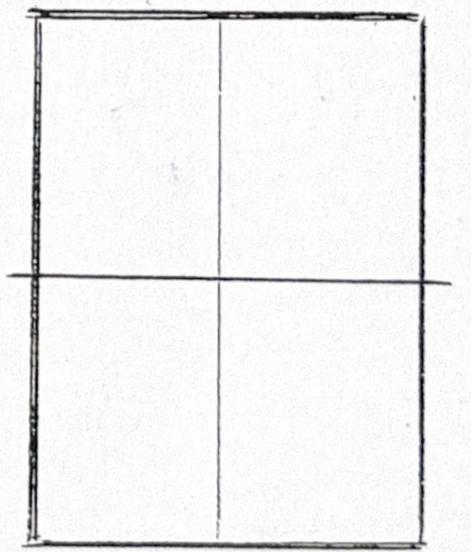


SERVICE FUS 1 FUS 2

2x8'



INDIVIDUAL



21.02.2026 SATURDAY - QUALIFICATION 1 - ATTA

